

## **Food and Nutrition**

### **M.Sc.**

#### **PROGRAMME SPECIFIC OBJECTIVES:**

- To impart the understanding of the concepts of biochemistry, food chemistry and food microbiology
- To enable the students to learn the methods of assessing human nutritional requirements, nutritional assessment and diet planning
- To apply theoretical concepts in laboratory setting areas
- To understand the applications of nutritional sciences in clinical interventions
- The programme trains students to become professionals who can work as public health nutritionists, dieticians and food scientists. After completing this programme, the student will be able to:
  - Assess nutritional status and plan appropriate diets.
  - Use the knowledge of nutritional sciences in clinical interventions and communication for health promotion
  - Apply theoretical concepts and practical training for research in the field of food science, clinical nutrition and public health nutrition